

THE RESOURCE

SUMMER EDITION 2020
Volume 6 Issue 1

MISSION STATEMENT

To provide quality care and services to consumers in a variety of settings consistently meeting consumers needs at a reasonable cost using the highest possible standards of excellence.



Letter From The President & CEO:

A Special Thank You to Our Dedicated Team

Dear Team,

In light of all that is happening in the world today, it is important to take a moment to honor each of you and celebrate the critical essential role that you play in caring for the individuals we support. You all have a tremendous impact in our community. On behalf of the SRFC, Inc. family, I would like to thank you for your sacrifice, hard work, and commitment to excellence. Your contributions are not unrecognized.

As HealthCare providers we continue to fight through this turbulent time with the hope of a brighter day. I would like to acknowledge the skills, training, and dedication that allow you to face the complexities and challenges associated with health-care. I have been awe-inspired over the past several weeks with everyone's incomparable effort during the COVID-19 outbreak. I greatly admire and appreciate your exceptional willingness to serve on the front lines working tirelessly during a global pandemic.

Standing together with the rest of America and the World, I salute and have gratitude for all of you. Thank you for all that you do to keep our individuals healthy and safe. I am forever grateful to have a team that demonstrates excellence in providing patient care every day. Healthcare includes a human element making a front line worker one of the most demanding, important, and rewarding professions in the world.

I am extremely honored to be a part of a respectful and collaborative community where the love of what we do is a force that no virus will defeat. And where each and every voice matters. While it does not stop with SRFC, Inc. make your voice matter through voting. YOUR VOTE IS YOUR VOICE. As your President and CEO, I proudly stand on the frontline throughout this battle with you.

Sincerely,

Mrs. Carolyn Brooks
President and CEO

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SRFC INC CELEBRATES YOU!

WE WISH A HAPPY BIRTHDAY
TO ALL OF OUR JANUARY,
FEBRUARY, MARCH, APRIL,
MAY & JUNE BABIES!



Congrats 2020 Graduates:



Helping Children Cope:

Children and teens react, in part, on what they see from the adults around them. When parents and caregivers deal with the COVID-19 calmly and confidently, they can provide the best support for their children. Parents can be more reassuring to others around them, especially children, if they are better prepared.

Watch for behavior changes in your child. Not all children and teens respond to stress in the same way. Some common changes to watch for include:

- Excessive crying or irritation in younger children.
- Returning to behaviors they have outgrown (for example, toiletting accidents or bedwetting).
- Excessive worry or sadness.
- Unhealthy eating or sleeping habits.
- Irritability and “acting out” behaviors in teens.
- Poor school performance or avoiding school.
- Difficulty with attention and concentration.
- Avoidance of activities enjoyed in the past.
- Unexplained headaches or body pain.
- Use of alcohol, tobacco, or other drugs.
- Ways to support your child

Talk with your child or teen about the COVID-19 outbreak. Answer questions and share facts about COVID-19 in a way that your child or teen can understand.

Reassure your child or teen that they are safe. Let them know it is ok if they feel upset. Share with them how you deal with your own stress so that they can learn how to cope from you.

Limit your family’s exposure to news coverage of the event, including social media. Children may misinterpret what they hear and can be frightened about something they do not understand.

Try to keep up with regular routines. If schools are closed, create a schedule for learning activities and relaxing or fun activities.

Be a role model. Take breaks, get plenty of sleep, exercise, and eat well. Connect with your friends and family members.

Learn more about caring for children during the COVID-19 outbreak and helping children cope with emergencies.

Supporting Your Loved Ones:



Check in with your loved ones often. Virtual communication can help you and your loved ones feel less lonely and isolated.

Consider connecting with loved ones by:

- Telephone.
- Email.
- Mailing letters or cards.
- Text messages.
- Video chat.
- Social media.
- Help keep your loved ones safe.

Know what medications your loved one is taking. Try to help them have a 4-week supply of prescription and over the counter medications, and see if you can help them have extra on hand.

Monitor other medical supplies (oxygen, incontinence, dialysis, wound care) needed and create a back-up plan.

Stock up on non-perishable food (canned foods, dried beans, pasta) to have on hand in your home to minimize trips to stores.

If you care for a loved one living in a care facility, monitor the situation and speak with facility administrators or staff over the phone. Ask about the health of the other residents frequently and know the protocol if there is an outbreak.

Take care of your own emotional health. Caring for a loved one can take an emotional toll, especially during an outbreak like COVID-19. There are ways to support yourself.

Stay home if you are sick. Do not visit family or friends who are at greater risk for severe illness from COVID-19. Use virtual communication to keep in touch to support your loved one and keep them safe.

Washing Our Hands Properly:



Words of Wisdom:

Employee & Staff 5 Year Milestone:



“

Success isn't about how much money you make, it's about the difference you make in people's lives.

Michelle Obama

First African-American First Lady of the United States



SRFC THANKS YOU FOR 5 YEARS OF HARD WORK!

Thank You
5 yrs

Antonio Carrington ♥ Ana Chavez ♥ Ashley Lennon

Cassandra Simon ♥ Cherrell Kearney ♥ Crishna Murray

Katrina Johnson ♥ Vernon Hodges ♥ Willie Morgan

How the Earth is Healing:



As people across the globe stay home to stop the spread of the new coronavirus, the air has cleaned up, albeit temporarily. Smog stopped choking New Delhi, one of the most polluted cities in the world, and India's getting views of sights not visible in decades. Nitrogen dioxide pollution in the northeastern United States is down 30%. Rome air pollution levels from mid-March to mid-April were down 49% from a year ago. Stars seem more visible at night. When people stay home, Earth becomes cleaner and wilder.

"It is giving us this quite extraordinary insight into just how much of a mess we humans are making of our beautiful planet," says conservation scientist Stuart Pimm of Duke University. "This is giving us an opportunity to magically see how much better it can be."

Researchers are tracking dramatic drops in traditional air pollutants, such as nitrogen dioxide, smog and tiny particles. These types of pollution kill up to 7 million people a year worldwide, according to Health Effects Institute president Dan Greenbaum.

The air from Boston to Washington is its cleanest since a NASA satellite started measuring nitrogen dioxide, in 2005, says NASA atmospheric scientist Barry Lefer. Largely caused by burning of fossil fuels, this pollution is short-lived, so the air gets cleaner quickly.

Compared to the previous five years, March air pollution is down 46% in Paris, 35% in Bengaluru, India, 38% in Sydney, 29% in Los Angeles, 26% in Rio de Janeiro and 9% in Durban, South Africa, NASA measurements show. "We're getting a glimpse of what might happen if we start switching to non-polluting cars," Lefer says.

Cleaner air has been most noticeable in India and China. On April 3, residents of Jalandhar, a city in north India's Punjab, woke up to a view not seen for decades: snow-capped Himalayan peaks more than 100 miles away.

Cleaner air means stronger lungs for asthmatics, especially children, says Dr.

Mary Prunicki, director of air pollution and health research at the Stanford University School of Medicine. And she notes early studies also link coronavirus severity to people with bad lungs and those in more polluted areas, though it's too early to tell which factor is stronger. People are also noticing animals in places and at times they don't usually. Coyotes have meandered along downtown Chicago's Michigan Avenue and near San Francisco's Golden Gate Bridge. A puma roamed the streets of Santiago, Chile. Goats took over a town in Wales. In India, already daring wildlife has become bolder with hungry monkeys entering homes and opening refrigerators to look for food.

For sea turtles across the globe, humans have made it difficult to nest on sandy beaches. The turtles need to be undisturbed and emerging hatchlings get confused by beachfront lights, says David Godfrey, executive director of the Sea Turtle Conservancy. But with lights and people away, this year's sea turtle nesting so far seems much better from India to Costa Rica to Florida, Godfrey says. <https://wsnet.com/news/coronavirus/earth-is-healing-as-people-are-staying-home>

SRFC Surveys:

We would like to hear what you have to say, visit our website www.srfcinc.com to complete a survey today. These surveys will help us to better serve our community. Each survey will have 5-6 questions, and shouldn't take more than 5 minutes to complete.

SRFC Inc Website Home Page:
 Scroll to the Bottom
 Click Get Started
 Will take you to the survey page

You can choose from the three surveys:
 Customer
 Employee/Contractor
 Stakeholder

Click Start Survey Button
 Complete Survey
 Verify you're not a Robot
 Click Submit Button



SRFC Locations:

*****ALL OF OUR OFFICES ARE OPEN REGULAR HOURS.**

OFFICES:

DURHAM OFFICE:

3711 University Dr. Ste C.
 Durham, NC 27707
 919.405.2700 T | 919.405.2740 F

PSR:

1408 Christian Ave. Ste. 4
 Durham, NC 27705
 984.439.2909 T | 984. 439. 2737 F

5 COUNTY OFFICE:

945 N. Andrews Ave.
 Henderson, NC
 252.430.1577 T

ROXBORO OFFICE:

1221. Leasburg Rd.
 Roxboro, NC 27573
 336.322.3739 T | 336.322.3742 F

GEORGIA OFFICE:

2001 MLK Jr. Dr. SW Ste. 227
 Atlanta, GA 30310
 404.434.2046 T | 404.748.9634 F

FOLLOW US:

www.srfcinc.com
<https://www.facebook.com/securing.resources>
<https://twitter.com/SRFCINC>

Payroll Schedule:



IDD/Waiver	
June 1-15	7/8/2020
June 16-30	7/22/2020
July 1-15	8/5/2020
July 16-31	8/19/2020
Aug 1-15	9/9/2020
Aug 16-31	9/23/2020

Current Peer

June 16-30	7/8/2020
July 1-15	7/22/2020
July 16-31	8/5/2020
Aug 1-15	8/19/2020
Aug 16-31	9/9/2020
Sept 1-15	9/23/2020

PEER

June 1-15	7/8/2020
June 16-30	7/22/2020
July 1-15	8/5/2020
July 16-31	8/19/2020
Aug 1-15	9/9/2020
Aug 16-31	9/23/2020

Employee

June 1-15	7/1/2020
June 16-30	7/15/2020
July 1-15	8/1/2020
July 16-31	8/14/2020
Aug 1-15	9/1/2020
Aug 16-31	9/15/2020



SRFC is moving to have all contractors receive their future checks via direct deposit. Please stop by the office today to fill out the form.
 To review your personal file please use the web address below:
<https://runess.adp.com>